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2	Copepod production drives recruitment in a marine fish
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4	Martin Castonguay ¹ , Stéphane Plourde ¹ , Dominique Robert ² , Jeffrey A. Runge ³ & Louis
5	Fortier ²
6	¹ Institut Maurice-Lamontagne, Department of Fisheries and Oceans, 850 Route de la Mer, P.O. Box 1000, Mont-Joli,
7 8	Québec G5H 3Z4, Canada ² Québec-Océan, Département de Biologie, Université Laval, Québec, Québec G1K 7P4, Canada ³ School of Marine Science, University of Maine, Gulf of Maine Research Institute, 350 Commercial St.,
9 10	Portland, Maine 04101, USA
11	Abstract
12	
13	Predicting fluctuations in recruitment of marine fish remains the Holy Grail of
14	fisheries science ¹⁻⁴ . In previous studies, we identified statistical relationships linking
15	Atlantic mackerel recruitment to regional climate, zooplankton biomass and the
16	production of copepod nauplii over a decade that included the exceptionally strong
17	year class of 1982 ^{5,6} . Here we tested the validity of these relationships by adding a
18	second decade of observations that includes another exceptional year class in 1999.
19	We provide the first field-based evidence linking the availability of plankton prey ⁶⁻⁸
20	in the sea to early growth of larval fish and ultimately to year-class strength in a
21	commercially exploited marine fish. Recruitment can be anticipated three years in
22	advance based on prey availability during larval stage. We predict a strong
22	mackerel year class in 2006

25	Hjort's ⁹ seminal hypothesis that the abundance of fish cohorts (i.e., year classes)
26	is determined during early larval life in the plankton still prevails ^{1,10,11} . Availability of
27	adequate prey in the weeks after hatching is considered necessary for a strong year class
28	to emerge ¹²⁻¹⁴ . However, empirical evidence of the role of prey availability in driving
29	fluctuations in year-class strength has remained elusive ¹⁵ . Most studies that attempted to
30	link recruitment to environmental conditions focused on abiotic factors such as
31	temperature or salinity ^{2,16,17} . Statistical links between prey availability and recruitment
32	success ^{5,12,18} remain few and often fail when re-tested with longer time series ² . The
33	impacts of feeding conditions in the plankton on recruitment are particularly difficult to
34	elucidate due to (1) an often low spatial and temporal sampling resolution; (2)
35	imprecision in the identification of the actual prey of the larvae; and (3) relatively little
36	contrast between the weakest and strongest year classes in some fish stocks/species.
37	Atlantic mackerel (Scomber scombrus) represents an ideal model to study the effect of
38	prey availability during larval life on recruitment because it exhibits high interannual
39	variability in year-class strength and completes spawning over a short time interval (<1
40	month) in a well-defined area (southern Gulf of St. Lawrence), facilitating sampling of
41	the larvae and their prey ¹⁹ .

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The exceptionally strong mackerel recruitment of 1982 occurred during a year of
atypical abiotic and biotic conditions in the southern Gulf of St. Lawrence. Winter-spring
freshwater discharge from the St. Lawrence River into the Gulf, an index of climate

46	variability in eastern Canada termed RIVSUM ²⁰ , was particularly low, while the biomass
47	of large (>1000 μ m) zooplankton was the highest of the decade ⁵ . The latter was
48	considered a proxy of the abundance of C. finmarchicus females with the underlying
49	assumption that the abundance of eggs and nauplii of this species dictate larval mackerel
50	survival ^{5,21} . The abundance of <i>C. finmarchicus</i> females in 1982 was the greatest of the
51	1982-1991 period, and stomach contents of mackerel larvae during that year were
52	significantly heavier largely due to a greater ingestion of <i>C</i> . <i>finmarchicus</i> nauplii ⁶ .
53	
54	The following decade of data (1992-2003) included a second year of exceptional
55	mackerel recruitment in 1999. As in the strong year class of 1982, low RIVSUM and high
56	zooplankton biomass prevailed in the southern Gulf of St. Lawrence in 1999. Despite
57	these similarities between the two years of extreme recruitment, only two of the three
58	relationships linking year class strength to climate and zooplankton identified by Runge
59	et al. ⁵ for the decade 1982-1991 remained significant with the addition of new data for
60	1992-2003 (Fig. 1). The relationship between recruitment strength and RIVSUM became
61	non significant (Fig. 1d), while the once strong relationship between recruitment and
62	zooplankton biomass >1000 μ m weakened, explaining only 21% of the variance of the
63	expanded data set (Fig. 1f). Statistical relationships linking recruitment to broad indices
64	of the environment such as temperature, salinity or total zooplankton biomass often
65	subside when re-tested with longer time series ² . In this study, the weakening of the
66	recruitment-zooplankton biomass relationship is likely attributable to changes in the
67	relative abundance of large copepods between the two decades (Fig. 2). From the 1980s

68	to the 1990s, the contribution of the large arctic calanoid Calanus hyperboreus to
69	zooplankton biomass doubled. C. hyperboreus typically reproduces from mid December
70	to March in the Gulf of St. Lawrence and therefore does not contribute to the production
71	of nauplius prey during the period of mackerel larval growth in summer ²² . Hence inter-
72	decadal shifts in the relative abundance of this large copepod will seriously bias total
73	zooplankton biomass as a proxy for the availability of nauplius prey to mackerel larvae.
74	
75	The above emphasizes the importance of focusing on the actual zooplankton prey
76	of larvae in trying to link recruitment variability to fluctuations in ecosystem
77	productivity. In the Gulf of St. Lawrence, mackerel larvae prey selectively on the nauplii
78	of the copepods Calanus finmarchicus, Pseudocalanus spp. and Temora longicornis ⁶⁻⁸ ,
79	the availability of which is approximated by the number of eggs spawned by females
80	(Fig. 3a). A strong linear relationship linked year-class strength to the combined egg
81	production of the three species (Fig. 3b). The exceptional recruitment of 1982 and 1999
82	corresponded to the highest egg production, ~1 μ g C L ⁻¹ d ⁻¹ , by the three preferred
83	copepods.
84	
85	High prey availability is assumed to promote early survival and recruitment
86	through the optimization of food intake and growth during larval life in the plankton ^{12,14} .
87	In the southern Gulf of St. Lawrence, feeding success and recent growth of young
88	mackerel larvae increased hyperbolically as a function of the density of their preferred

89 nauplius prey (Fig. 4). Optimal feeding (Fig. 4a) and growth (Fig. 4b) were achieved

90	above a threshold concentration of preferred nauplius prey of ~1 μ g C L ⁻¹ . Taken
91	altogether, these results provide the first field-based evidence linking the availability of
92	actual plankton prey to early growth and, ultimately, to year-class strength in a
93	commercially exploited fish.
94	
95	Our results provide support for a strong dependence of year-class strength on food
96	production during the larval stage, as postulated by prevailing hypotheses on recruitment
97	determination in marine fish ^{9,12-14} . In contrast with many previous studies including ours,
98	this dependence was revealed by measuring the production <i>in situ</i> of the actual prey
99	species selected by the young fish (rather than bulk zooplankton standing biomass). On
100	the basis of the measured high production of copepod eggs (> 1 μ g C L ⁻¹), we dare
101	predict exceptional mackerel recruitment in 2006.
102	
103	Methods
104	Since 1982, Atlantic mackerel reproductive biomass in Canada has been estimated
105	annually (except 1994 and 1997) by measuring egg abundance on the main spawning site
106	during peak spawning in late June ¹⁹ . A Bongo net (61 cm diameter) fitted with 333 μ m
107	mesh and flow meters is deployed at 65 stations over a fixed grid covering the southern
108	Gulf of St. Lawrence. Double-oblique tows are conducted between 0 and 50 m to sample
109	fish eggs and larvae, and zooplankton. Zooplankton biomass is measured for the size
110	fractions <1000 μ m (mainly small copepods) and >1000 μ m (mainly late copepodites of
111	Calanus spp.). The relationships between recruitment success and zooplankton biomass

for 1982-1991, the mackerel recruitment index MACREC and details of methods are
presented in Runge *et al.*⁵. Data on zooplankton stage abundance and egg production are
from Ringuette *et al.*⁶ for 1982, 1985, 1987 and 1990 and from new analyses for 1988,
1993, 1996, 1999, 2000, and 2003. Years were selected to span the two decades evenly
while including the strong year classes of 1982 and 1999.

118 The sampling of mackerel larvae and their prev in the northeastern part of the 119 spawning ground for feeding selectivity and otolith microstructure analyses is detailed in previous studies^{8,23}. First-feeding larvae were defined as individuals with standard lengths 120 121 of 3-5 mm (ages 3-7 days). Young larvae in this area selected *Pseudocalanus* spp. nauplii 122 almost exclusively. Feeding success was defined as the residual value of the regression of 123 *Pseudocalanus* spp. nauplius prev carbon in larval stomachs on larval mackerel length to 124 compare feeding among larvae of different sizes. A detrended recent growth index (last 3 davs prior to capture) was computed following Pepin et al.²⁴ to compare growth among 125 126 larvae of different ages. Feeding success and recent growth were averaged by net tow to 127 avoid inflating degrees of freedom. 128

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- 165 ²⁶ We thank Pierre Joly and Jean-Louis Beaulieu for help with sample processing
- and data management, and François Grégoire for providing the mackerel
- 167 recruitment index data. The efforts of Alain Gagné and numerous people who
- 168 collected and analysed zooplankton samples are acknowledged. Laure Devine,
- 169 Patrick Ouellet and Bernard Sainte-Marie provided comments to an earlier
- 170 version. This study was supported by the Department of Fisheries and Oceans
- 171 Canada and Québec-Océan at Université Laval.
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176 Figure legends

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178 Figure 1. Environmental relationships, zooplankton, and mackerel recruitment for 1982-

- 179 1991 (left) and 1982-2003 (right). Regressions of zooplankton biomass >1000 μm (g dry
- 180 weight m⁻²) (a, b), and of mackerel recruitment index (MACREC, i.e., % of age 3 fish in

181 Canadian catch-at-age) (c, d), versus an index of climate variability (RIVSUM, i.e.,

182 January-May freshwater discharge from the St. Lawrence River into the Gulf of St.

183 Lawrence). Lower panels (e, f) show regressions of MACREC against zooplankton

biomass >1000 μm. Blue circles represent 1982-1991 data while red ones show 1992-

185 2003 data (1995 and 1997 missing); 1982 and 1999 are highlighted. Coefficient of

186 determination (R^2) , level of significance and sample size are reported.

187

188 **Figure 2.** Composition (%) of zooplankton biomass in the >1000 μm fraction in the

189 southern Gulf of St. Lawrence for two time periods. Chyp=Calanus hyperboreus;

190 Cfin/glac=Calanus finmarchicus/glacialis; C1-3=copepodite stages 1 to 3; C4-

191 5=copepodite stages 4-5; C6f=copepodite stage 6 and females. C. glacialis was grouped

192 with *C. finmarchicus* because these species were not differentiated in the 1982-1991

- samples. However, *C. glacialis* abundance typically represents < 5% of the *C*.
- 194 *finmarchicus* abundance in the region.

195

196 Figure 3. (a) Daily egg production rates for the copepods *Calanus finmarchicus*,

197 Pseudocalanus spp. and Temora longicornis in the southern Gulf of St. Lawrence for

198 selected years. Rates were calculated as the product of mean female abundance and specific egg production rates to obtain an estimate of prev production⁶. (b) Regression of 199 200 mackerel recruitment (MACREC) as a function of copepod egg production as presented 201 in (a). Blue circles: 1982-1991; red circles: 1992-2003. Years of exceptional recruitment in 1982 and 1999 are highlighted. Coefficient of determination (\mathbb{R}^2), level of significance. 202 203 and sample size are reported. 204 205 Figure 4. (a) Feeding success and (b) recent 3-day mean growth rate of mackerel larvae 206 in relation to the density of the preferred prey *Pseudocalanus* spp. nauplii. Individual

208 a statistical weight corresponding to the inverse standard deviation. Measurements were

feeding success and growth were averaged per net tow. Ivlev functions²⁵ were fitted with

made between 1997 and 2000. Equations of Ivlev functions are (a) $y = 1.099 (1-e^{-0.0015x})$

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$$-0.585$$
, and (b) y = 1.909 (1-e^{-0.0018x}) - 1.38.

14 August 2008 ICES CM 2008/Q:02 Not to be cited without prior reference to the authors













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